

Do you want to feel and look absolutely fantastic with your clothes on (or off!)? Then you need to take the first step and have a proven action plan!

You see, when you look great, you feel absolutely fantastic, and hundreds of women are living proof, right here in Brisbane that have followed our program

Real Life Testimonial

For many years I had tried it all from diet companies to the latest and 'greatest' magazine fad diets. Surprisingly whilst some worked to a degree the weight came back on and then more just for good measure!! When I started my new life change I weighed [can't believe I'm saying this] 115kg as of today I have lost close to 42kg. I would like to say thank you to you for creating a fantastic team of wonderful people. I love being surrounded by energetic, warm, caring and positive people. I look forward coming to the gym and training. You are an inspiration Brad and I thank you for all of the support you have given me over the past 18 months. I can honestly say I am the happiest I have ever been and have found a new lease on life looking forward to living each day and succeeding in everything I do. **Kath Shield**



Please Tick one, two or ALL three of the offers below!

- Yes, Brad. Please add me to your email list so I can receive your online newsletter: Peakology
- Please Brad, can you provide me with more information on your Personal Training Services
- Please Brad, sign me up for one of your Personal Training experience package for the special offer of \$99 (valued at \$703).

What you get in the "PT Experience Package"

- Introductory wellness Goal setting activity (valued at \$39)
- Wellness Assessment (valued at \$220)
- Nutrition Program (valued at \$220)
- 10 Top Tips to Fat Loss e-book (valued at \$29)
- Nurturing session with a Personal Trainer (valued at \$44)
- Relaxing individual stretch session with a Personal Trainer (Valued at \$44)
- Group fitness class (Valued at \$20)
- 1 weeks complimentary Gym membership (Valued at \$40)
- Peak Nutritional Strategies mp3 (valued at \$47)

Wow, that's \$703 in Value for tonight's very special price of \$99 – that's an offer you can't let slide!

It's also back by our Peak Physique \$100 Guarantee to you

At **Peak Physique** we pride ourselves on providing the best level of service and training experience, every single time you exercise with one of our team. Therefore if you exercise with one of the **Peak Physique** team and are not entirely satisfied with your workout, then of course, you will **NOT BE BILLED** for that session. In addition to this, your next workout will be absolutely **FREE**. However, that's not all.

In addition to not being **BILLED**, having your next workout for **FREE**, we will give you a fresh, crisp **\$100 NOTE** for your troubles. Yes, you did read that correctly.

Why do we give this outrageous guarantee? Quite simply, we really believe in what we do at Peak Physique, and our priority is giving you the **VERY BEST** workout every session that you are with us.



Brad Sheppard 0412 999 656
B.Ed (Phys.Ed)

Suite 310/421 Brunswick Street, Fortitude Valley, QLD, 4006
phone: 07 3262 8838 fax: 07 3262 7737 email: Brad@Peak-Physique.com web: www.Peak-Physique.com



We inspire individuals to achieve their goals through exercise.

ORDER FORM

- Please sign me up for your **Personal Training Experience Package for \$99 (valued at \$703)**
- Charge my credit card with the total amount of \$99
- My cheque for \$99 payable to Peak Physique Training Systems P/L

Name : _____

Company : _____

Address : _____

Postcode : _____

Phone : _____

Fax : _____

Email : _____

PLEASE PRINT CLEARLY

Card Type: VISA MasterCard Amex

Card Number :

Name on Card : _____

Expiry Date : _____

Signed : _____

Please note the merchant fee applies 1.6 Visa & 3.5% Amex