

# Tired Of Carrying Those Unwanted Kilos Around With You?

## Free 60-Minute Seminar With Australia's Leading Fat Loss Specialist Will Uncover The Four Simple, and Yet Powerful Solutions To Having A Trim & Toned Body.

To see if this Free seminar is for you, simply answer the Four questions below;

### Are You Someone Who

- ☒ Has Tried (Unsuccessfully) To Diet, Only To Find That The Weight Came Back On (Plus More)?
- ☒ Is motivated for about 4 – 8 weeks with exercise and healthy eating and then drops the ball?
- ☒ Is Frustrated With Your Current Shape & Size And Wishes The Results Would Come Easier?
- ☒ Has avoided joining a gym, group fitness program or getting personal training due to feeling embarrassed about taking that first step?

IF you answered **YES** to any of the above questions, you are just moments away from getting the answers you have been looking for.



**BEFORE**

**KIM LOST  
15KG AND  
FEELS  
FANTASTIC**



**AFTER**

## What You'll Discover At This 60-Minute Seminar:

- ✓ The Reason Why Most Diets Fail & Why You Don't Need To Diet To Blast Body Fat
- ✓ The Most Effective Fat Burning Foods To Eat (And yes, they actually taste great too)
- ✓ What Is The Most Effective Exercise Program To Shrink & Destroy Fat Cells
- ✓ A Scientifically Proven Action Plan To Get You Trim & Toned For Life.

**WARNING!** Please don't attend this seminar if you are after overnight results like promised on those late night info commercials that take people's money by playing on their emotions.

If you can handle losing up to 15 kilos in 12 weeks, while increasing your energy, improve the quality of sleep, increase your confidence and happy to buy new slim fitting clothes, then please contact us now.

There are only 15 seats available and it will be the last time this event will be Free, so book now.

Allow us to support you in taking that first important step and book your seat by SMS your name and the word FREEDOM to 0416 394 803. One of our friendly consultants will contact you and we can both decide if this seminar is for you or not.

**You have nothing to lose apart from those extra-unwanted kilos, so act now.**

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